



# Water Safety at Home

Tips to keep your kids safe in and around the water at home

## Be Water Wise

### Watch Your Children Vigilantly

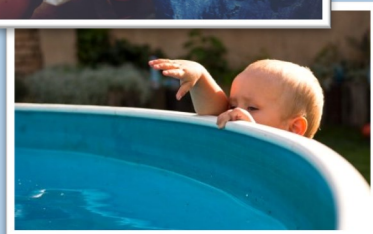
#### In and Around Water

- Never leave your child unattended around water. Babies can drown in as little as one inch of water.
- Designate a water watcher at all times, even when not swimming.
- Put the cell phone away! If you're distracted, you are not giving 100% of your attention. It takes only 20 seconds to inhale water.



#### Remove Water From Tubs and Buckets After Use

- No need to fill the bath to get them clean. Leave the water running and use a cup or handheld shower head to rinse them.
- Empty all tubs, buckets, containers and wading pools immediately after use. Store them upside down and out of a child's reach.



### Barriers

- Keep toilet lids closed and use toilet seat locks to prevent kids from falling in.
- Keep doors to bathrooms closed.
- Enclose pools and spas with adequate barriers, including four-sided fencing with gates that swing outward. Keep gates locked at all times.



### Drowning is Silent

She can't yell  
She can't splash  
She can't breathe  
She needs help

Put Down the Phone and Watch Your Child

### Learn CPR

- It can save a life!
- Contact us for upcoming classes or to form your own with 4 or more participants.



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